

Reading/Resource List

The list of books and publications on the following pages is recommended reading for staff and counselors throughout the year prior to Royal Family KIDS Camp.

Incest, Child Abuse and Neglect

Key: YC = for younger children, roughly ages 3 - 7
OC = for older children, ages 8 - 12
YA = for young adults, ages 13 - 17
PT = parents and teachers

The Abused Child: Developmental Issues and Treatment. Harold Martin, M.D., 1976.

YC *Annie: Once I Was a Little Bit Frightened.* (Booklet designed for parents and teachers of children K - 3.) Becky Montgomery, 1983.

YA *Are You in the House Alone?* (For adolescents) A frank novel about the nightmare of rape and its aftermath. Richard Peck, 1976.

The Best Kept Secret: Sexual Abuse of Children. Florence Rush, 1980.

Betrayal of Innocence: Incest and Its Devastation. Susan Forward and Craig Buck, 1978.

OC *Better Safe Than Sorry Book.* Sol and Judith Gordon, 1984.

Beyond Betrayal: Healing My Broken Past. Carolyn Koons, 1986.

Breaking the Cycle of Child Abuse. Christine Herbruck, 1979.

By Sanction of the Victim. Based on an actual case of child abuse. Patte Wheat, 1976.

Child Abuse. Ruth S. Kempe and C. Henry Kempe, 1978.

Child Abuse: A Major Concern of Our Times. Dr. Kim Oates, Ed., 1982.

PT *Child Abuse and Neglect: A Guidebook for Educators and Community Leaders,* 2nd ed. Edsel L. Erickson, Alan McEvoy and Nicholas D. Colucci, Jr., 1984.

YC *Child Abuse: Is It Happening To You?* Bridget Wakcher, 1984.

OC *A Child Is Being Beaten: Violence Against Children, An American Tragedy.* Naomi Feigelson Chase, 1976.

Child Pornography and Sex Rings. Ann Wolbert Burgess, Ed., 1984.

Child Sexual Abuse. David Finkelhor, 1984.

PT *Come Tell Me Right Away: A Positive Approach to Warning Children About Sexual Abuse.* Linda Tachirhart Sanford, 1982.

The Common Secret: Sexual Abuse of Children and Adolescents. Ruth S. And C. Henry Kempe, 1984.

- Conspiracy of Silence: The Trauma of Incest.* Sandra Butler, 1978.
- YA *The Creep.* For adolescents. Brina's little-girl appearance brought her into an adult world of terrible danger as she helped the baffled police trap an elusive child molester. Susan Dodson, 1980.
- Cry Out: Inside the Terrifying World of an Abused Child.* P. E. Quinn, 1984.
- Daddy's Girl:* The true story of the author's childhood. Charlotte Vale Allen, 1982.
- Damaged Parents: An Anatomy of Child Neglect.* Norman A. Polansky, et. al., 1981.
- YC, OC *Dial Zero for Help:* Children's Safety Series Book 6. Judith Jance, 1985.
- YA, PT *Dora Doralina* (A novel concerning emotional cruelty.) Rachel de Queiroz, 1984.
- YC *Do You Have a Secret? How to Get Help for Scary Secrets.* Pamela Russell and Beth Stone, 1986.
- The Drama of the Gifted Child: How Narcissistic Parents Form and Deform the Emotional Lives of Their Talented Children.* (Previously titled Prisoners of Childhood.) Alice Miller, 1981.
- El Me Dijo Que No Se Lo Contara a Nadie. (He Told Me Not to Tell.)* Jennifer Fay; Trans., Dr. Sam Mrk, 1979.
- YC *Emotional Child Abuse: The Family Curse.* Joel Covitz, 1986.
- Father-Daughter Incest.* Judith Lewis Herman, 1981.
- PT *Father Daughter Rape.* Elizabeth Ward, 1983.
- Father's Days: A True Story of Incest.* Katherine Brady, 1979.
- YC *Feelings and Your Body: A Prevention Curriculum for Preschoolers.* Shelly McFaddin, 1982.
- For Your Own Good: Hidden Cruelty in Child-Rearing and the Roots of Violence.* Alice Miller, 1983
- OC *Frances Ann Speaks Out: My Father Raped Me.* (For children ages 6 - 14). Helen Chetin, 1977.
- Handbook of Clinical Intervention in Child Sexual Abuse.* Suzanne M. Sgroi, 1983.
- Hay Gente Que Es "Bandera Roja" y Otra Que es "Bandera Verde."* (Red Flag/Green Flag People). See listing for English edition. Joy Williams, 1980.
- PT *"He Told Me Not to Tell." A Parent's Guide to Talking to Your Child About Sexual Assault.* 1979.
- Helping Children Cope with Stress.* Avis Brenner, 1984.
- OC *Help Yourself to Safety: A Guide to Avoiding Dangerous Situations with Strangers and Friends.* Kate Hubbard and Evelyn Berlin, 1985.
- Hope for the Children: A Personal History of Parents Anonymous.* 1979.
- I Never Told Anyone Before: Writings by Women Survivors of Child Sexual Abuse.* Ellen Bass and Louise Thornton, eds., 1983.
- I Remembered Myself: The Journal of a Survivor of Childhood Sexual Abuse.* Laura Donaforte, 1982.

- I Take Good Care of Me: A Personal Safety Coloring Book.* Linda Meyer and Denelle Peaker, 1986.
- I Told My Secret: A Booklet for Kids Who Were Abused.* Eliana Gil, 1986.
- If I Should Die Before I Wake.* A novel about child sexual abuse. Michele Morris, 1982.
- Incest and Human Love.* 2nd Ed. Robert Stein, 1984.
- Incest: A Psychological Study.* Karen Meiselman, 1983.
- Incest: A Treatment Manual for Therapy with Victims, Spouses and Offenders.* Adel Mayer, 1983.
- Incest: The Story of Three Women.* Diane Cleveland, 1986.
- Integrated Treatment of Child Sexual Abuse.* Henry Giarretto, 1982.
- YC *It's My Body: A Book to Teach Young Children How to Resist Uncomfortable Touch.* Freeman, 1982.
- YC, OC *It's Not Your Fault* (for children who have been abused). Judith A. Jance, 1985.
- PT *Kid Safe: Safety Awareness for Children.* (Includes 84-pg. Lesson plan, 1 copy of Red Flag, Green Flag, songbook, cassette and 1 copy of The Secret Game.) Rape and Abuse Crisis Center.
- OC *A Kid's Guide to First Aid: What Would You Do If.* Lory Freeman, 1983.
- Kiss Daddy Goodnight: A Speak-Out on Incest.* Louise Armstrong, 1979.
- Let's Talk About It! The Book for Children About Child Abuse.* Dr. Michael L. Pall and Louis Blackburn Streit, 1983.
- YC *Loving Touches: A Book for Children About Positive, Caring Kinds of Touching.* Lory Freeman, 1986.
- The Lucky Piece.* (Novel about child abuse.) Francelia Butler, 1985.
- YC *Mary Goes to Court.* Written and Illustrated by Ruth T. Crawford, 1986.
- Mary Jane Harper Cried Last Night.* (Novel about an emotionally disturbed mother who abuses her daughter.) Joanna Lee and T. S. Cook, 1975.
- Mia Guia de Defenea Pereonal. (My Very Own Book About Me.)* Jo Stowell and Mary Dietzel, 1982(trans. 1986).
- PT *Mothers and Others Be Aware: My Daughter from Baby Dolls to Daddy's Doll.* Donna Miller, 1985.
- The Mother's Book: How to Survive the Incest of Your Child.* Caroly M. Byerly, 1985.
- YC *My Very Own Book About Me. Respect for one's body: good, bad, and confusing touch.* A fill-in-the-blanks activity book. Jo Stowell and Mary Dietzel, 1970.
- My Very Own Book About Me: Super Kids.* Teacher's Guide. 1983.
- YA *No Is Not Enough: Helping Teenagers Avoid Sexual Assault.* Caren Adams, Jennifer Fay and Jan Loreen-Martin, 1984.
- PT *No More Secrets: Protecting Your Child from Sexual Assault.* . Caren Adams, Jennifer Fay and Jan Loreen-Martin, 1981.

- YC,OC *No More Secrets For Me*. Oralee Wachter, 1983.
- YC *No More Secrets For Me*. With parents' guide. Oralee Wachter, 1984.
- YC *Nobody Told Me It Was Rape: A parent's guide for Talking with Teenagers about Acquaintance Rape and Sexual Exploitation*. Caren Adams and Jennifer Fay, 1984.
- No-No, the Little Seal: A Story for Very Young Children that Tells about Sexual Abuse*. Sherri Patterson, 1986.
- Outgrowing the Pain; Adults Abused as Children*. Eliana Gil, 1983.
- Pictures of a Childhood: 66 watercolors and an essay confronting the truth and pain of the author's childhood*. Alice Miller, 1986.
- OC *Play It Safe: Kids Guide to Safety and Crime Prevention*. K. Kyte, 1983.
- Preventing Sexual Abuse: Activities and strategies for Those Working with Children and Adolescents*. Carol A. Plummer, 1984.
- YC *Private Zone: Sexual Assault Prevention Tools*. F. Dayee, 1982.
- PT *Protect Your Child: A Parent's Safeguard Against Child Abduction and Sexual Abuse*. Laura M. Huchton, 1985.
- Protect Your Child from Sexual Assault: A Parent's Guide*. Janie Hart-Rossi, 1984.
- The Psychologically Battered Child*. James Gabarino, Edna Guttmann and Janis Seeley, 1986.
- YC *Red Flag/Green Flag People*. A coloring book about touching "to create an awareness in children of sexual and physical abuse and teach them how to protect themselves." Joy Williams, 1980.
- PT *Red Flag/Green Flag People: Program Guide*. Becky Montgomery and Carol Grimm, 1983.
- Remedial Intervention in Adolescent Sex Offenses: Nine Program Descriptions*. Fay Honey Knopp, 1982.
- Retraining Adult Sex Offenders: Methods and Models*. Fay Honey Knopp, 1984.
- Safe, Strong and Streetwise: Sexual Safety at Home, on the Street, on Dates, on the Job, at Parties and More*. Helen Benedict, 1987.
- YC *Safety Zone: Child Abduction Prevention Skills*. L. Meyer, 1984.
- The Secret Game*. J. Chew and K. Park, 1984.
- Secret Trauma: Incest in the Lives of Girls and Women*. Diana E. H. Russell, 1986.
- Sexual Abuse of Young Children: Evaluation and Treatment*. Kee MacFarlane, MSW, and Jill Waterman, Ph.D., et. al, 1986.
- PT *Sexual Abuse Prevention: A Lesson Plan*. Sandra Kleven, 1984.
- YA *Sexual Abuse Prevention: A Study for Teenagers*. Marie M. Fortune, 1980.
- Sexual Assault Among Adolescents*. Suzanne S. Ageton, 1983.
- Sexual Assault of Children and Adolescents*. Ann Wolbert Burgess, et. al., 1983.

- Sexually Abused Children and Their Families*. Patricia Mrazek and C. Henry Kempe, eds., 1981.
- Sexually Victimized Children*. David Finkelhor, 1979.
- The Silent Children: A Parent's Guide to the Prevention of Child Sexual Abuse*. Linda R. Sanford, 1982.
- Silent Scream: I Am a Victim of Incest*. Poetry by a survivor. Martha Janssen, 1983.
- YC *Something Happened to Me*. The child in this story has already been abused and is learning to deal with it. Phyllis Sweet, 1981.
- A Sourcebook on Child Sexual Abuse*. David Finkelhor and Associates, 1986.
- Speaking Out, Fighting Back: Personal Experiences of Women who Survived Childhood Sexual Abuse in the Home*. Sister Vera Gallagher and William F. Dodds, 1985.
- OC *Strangers Don't Look Like the Big Bad Wolf: Children's Safety Series Book 5*. Janis Buschman and Debbie Hunley, 1985.
- YC *This Is About Incest: A Personal Account in Story, Poems and Images*. Margaret Randall, 1987.
- YA *Top Secret: A Discussion Guide for Teachers and Group Leaders Using Top Secret for Teens*. Billie Jo Flerchinger and Jennifer J. Fay, 1985.
- Top Secret: Sexual Assault Information for Teenagers Only*. Jennifer J. Fay and Billie Jo Flerchinger, 1982.
- Treating Child-Abusive Families: Intervention Based on Skills-Training Principles*. Jeffrey A. Kelly, 1983.
- YC *The Super Safety Self Songbook and Cassette*. Personal Safety Awareness, Inc.
- Thou Shalt Not Be Aware: Society's Betrayal of the Child*. Alice Miller, 1984.
- PT *The Touching Problem*. Lesson plan/guidelines for elementary-age classroom discussion. Sandra Kleven, 1981.
- Treating Sexually Abused Children and Their Families*, Beverly James and Maria Nasjlet, 1983.
- Unspeakable Acts: The True Story of the Frank Fuster Child Abuse Court Case*. Jan Hollingsworth, 1986.
- YC *A Very Touching Book. "Good, Bad and Secret Touching."* J. Hindman, 1983.
- Voices in the Night: Women Speaking Out About Incest*. Toni A. H. McNaron and Yarrow Morgan, 1982.
- We Have A Secret: Pedophilia*. Martin and Haddad, 1982.
- YC *What If I Say No*. Jill Haddad and Lloyd Martin, 1981.
- Why Me? Help for Victims of Child Sexual Abuse (even if they are adults now)*. Lynn B. Daugherty, 1984.
- Windows to Our Children: A Gestalt Therapy Approach to Children and Adolescents*. Violet Oaklander, Ph. D., 1978.

The Wounded Woman, Healing the Father-Daughter Relationship. Linda Leonard, 1982.

PT *Your Children Should Know: Teach Children Strategies to Keep Them Safe From Crime and Assault.* Colos and Hosansky, 1983.

